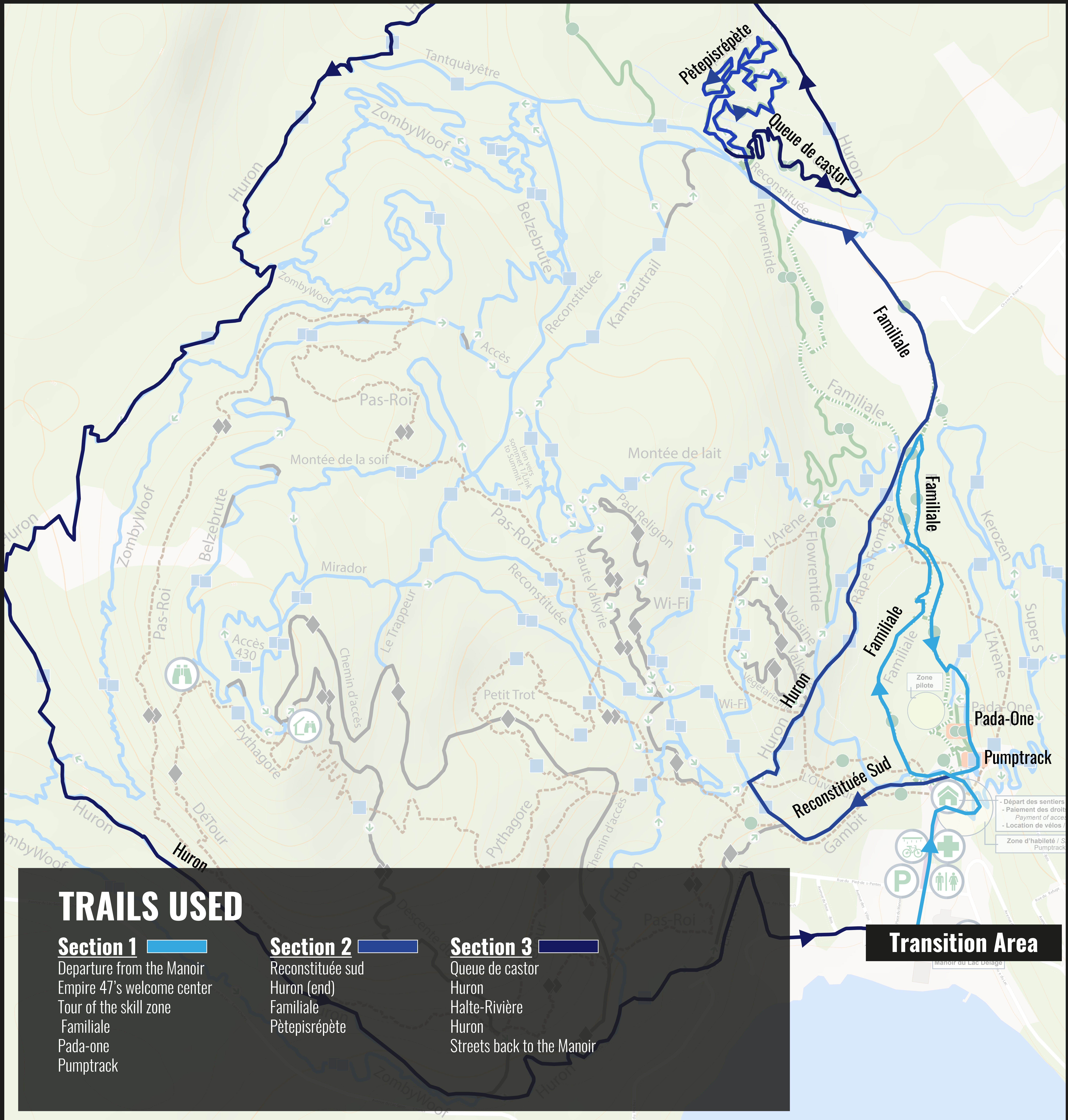




QUEBEC

BIKE COURSE SPRINT (15 km)



TRAILS USED

Section 1
 Departure from the Manoir
 Empire 47's welcome center
 Tour of the skill zone
 Familiale
 Pada-one
 Pumtrack

Section 2
 Reconstituée sud
 Huron (end)
 Familiale
 Pètepisrèpète

Section 3
 Queue de castor
 Huron
 Halte-Rivière
 Huron
 Streets back to the Manoir

Transition Area

- Départ des sentiers
 - Paiement des droits
 - Payment of access
 - Location de vélos /
 - Location of bicycles

Zone d'habileté / Skill zone
 Zone pilote